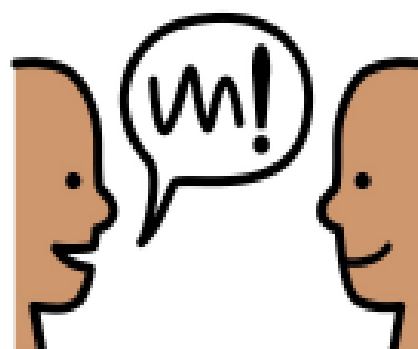


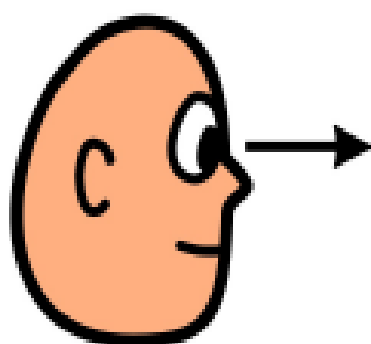
Good Posture helps you



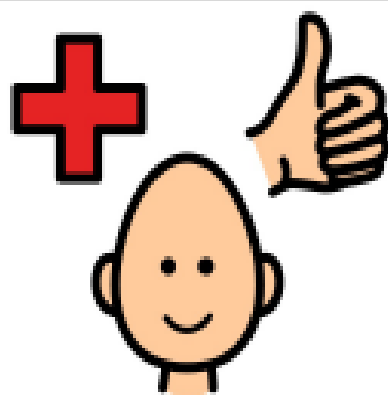
eat safely



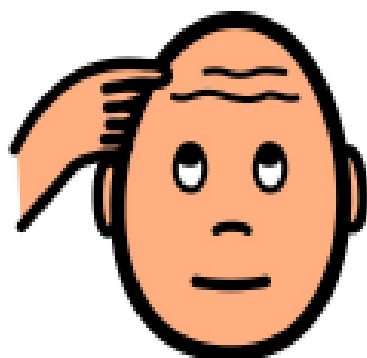
communicate better



see better



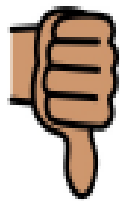
be healthy



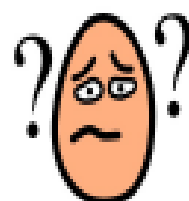
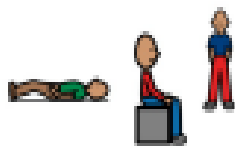
think better



feel good



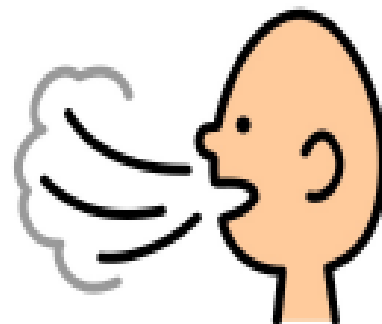
Bad



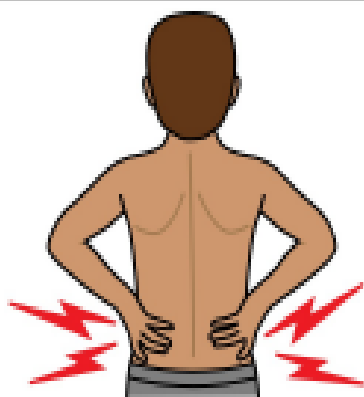
Posture causes problems



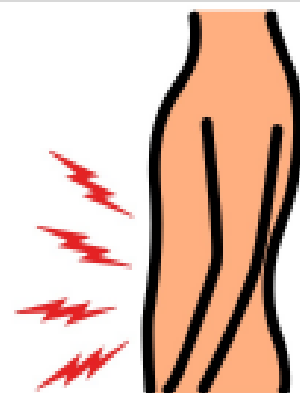
eating



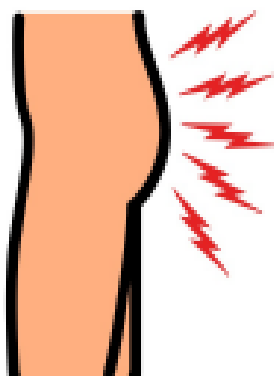
breathing



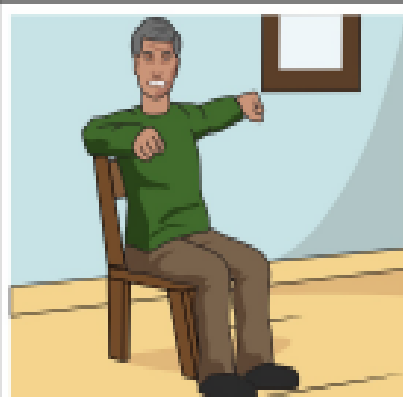
sore back



tummy ache



sore bottom



stiff arms and legs



Help with good sitting



using a sleep system



supportive wheelchair



Supportive comfy chair



head support



trunk support



chest strap



arm rest



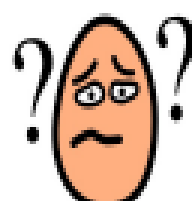
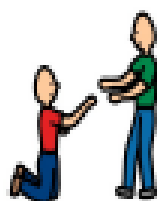
lap strap



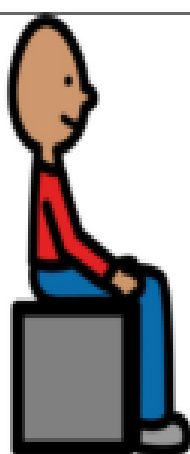
foot strap/ankle huggers



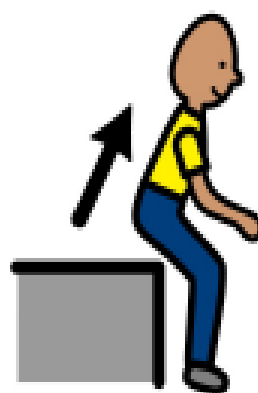
No



help with lying causes problems



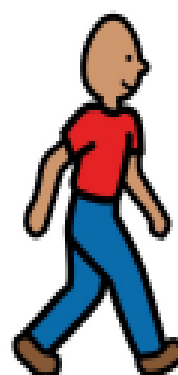
sitting



standing



transferring



walking



No help with lying causes problems



knees knocking together in bed



causes problems standing



tripping over feet



curling to the side



makes you sit squint



knees falling outwards



makes it hard to sit up





help

with



good



lying



and sleeping



T roll



Anchor T roll with wrap



Wedge



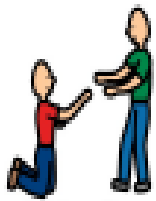
W leg trough



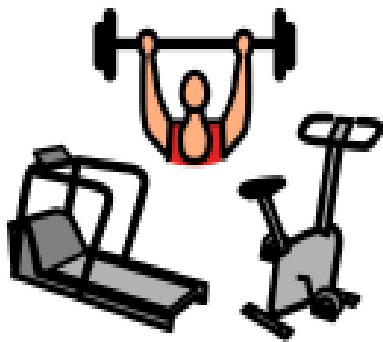
Towels and blankets



Sleep system



## Help with good walking and standing



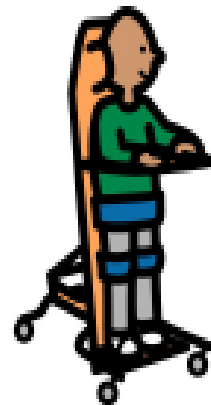
exercise



walking aid



prone stander



standing frame



using a sleep system



pommel



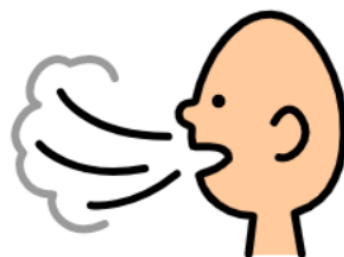
Standing is good for



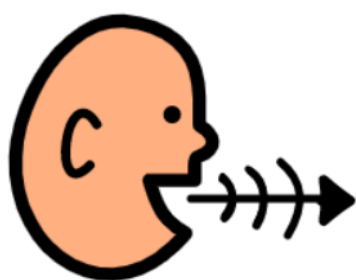
bones



muscles



breathing



communication



pee



pooping



relieving pressure



feeling good